

Food Opportunities....

Hudson Falls Central School District will have
available for pick up:

BREAKFAST & LUNCH at the Primary School

Breakfast at 7:45 – 8:30am

Lunch at 11:45 – 12:15pm

please call 518-681-4119 with any questions

With the support of the Northeast Regional Food Bank, Hudson Falls Central School District will continue to provide the Food Backpack program on Fridays during HFCSD's lunch distribution at our Primary School. Please come between 11:45-12:15 to pick up your backpack food supplies. We have also included in this letter additional food opportunities within and around our community. As of today, the following sites will be distributing food and have asked that you please follow any specific directions provided to us by the community food pantry sites on our list. This information is subject to change.

We understand that this may be difficult for you due to limited transportation and other variables and are trying our best to provide our families and students with as many resources as possible during this unprecedented time in our history. Please understand that many of the details of this plan may change unexpectedly, but the well being of our students and our community is always at the forefront of our minds.

Cornerstone Outreach Center

518-747-2397

1767 Rte. 196, Fort Edward

*Food Pantry Wednesdays 12 pm-3 pm

Hot lunch Wednesdays at 11:30

Open to all Washington County residents

Doreen's Soup Kitchen

518-747-9042

293 1/2 Main Street, Hudson Falls

*Tuesday, Wednesday and Thursday 4 pm - 6 pm

Family Services Association

518-792-0797

150 Warren Street, Glens Falls

*Food Pantry open Monday-Thursday 9-3

Open Door Mission

518-792-5900 Shelly ext. 200

47 Lawrence St., Glens Falls

*Monday and Thursday 1-4 pm

Salvation Army

518-792-1960

37 Broad St., Glens Falls

*Monday-Friday 9-12 pm; 1-4 pm

NEED to call ahead of time!

Salvage Food Program Also Available!

Meats, produce, fruit, dairy

Only Allowed Once A Week

Mon, Wed, Fri. 11-12

Washington County EOC (L.E.A.P.)

518-746-2390

383 Broadway, Fort

Edward

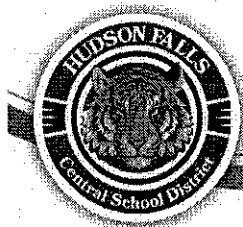
Municipal Center

*Monday 1:30 pm-3:30 pm; Tuesday 9:30 am-11:30 am; Wednesday

1:30 pm-3:30 pm; Thursday 9:30 am-11:30 am; Friday 1:30

pm-3:30pm

Must show proof of Washington County residency.



HUDSON FALLS

COVID-19 and Mental Health Resource Guide:

General Resources

COVID-19 New York State Hotline: 1-888-364-3065

A free hotline for consumers (1-888-364-3065) where health department experts will be available to answer questions about the virus. A dedicated website is also available as a resource.

Glens Falls Hospital: COVID-19 Hotline

518-926-HELP (4357)

Call 211 To Connect for Help

211 offers information on services including food, shelter, domestic safety, childcare, eldercare, substance abuse treatment, mental health services, employment and job training, volunteer opportunities and much more. Open 24 hours a day, 7 days a week in over 200 languages.

Co-Pay Waivers for Telehealth Visits

During a novel coronavirus conference call briefing, Governor Andrew M. Cuomo announced the State Department of Financial Services will require insurance companies to waive co-pays for telehealth visits. This action will encourage New Yorkers to seek medical attention from their homes rather than visit a hospital or doctor's office — ultimately reducing strain on the healthcare system and preventing further spread of the virus.

COVID-19 Treatment and Testing Co-Pay Waivers

Governor Andrew M. Cuomo announced a new directive by the State Department of Financial Services requiring New York health insurers to waive cost sharing associated with testing for novel coronavirus including emergency room, urgent care and office visits. The Governor also announced New Yorkers receiving Medicaid coverage will not be expected to pay a co-pay for any testing related to COVID-19.

National Grid - Utilities Assistance

National Grid is temporarily suspending collections-related activities, including service disconnections, to lessen any financial hardship the COVID-19 pandemic may have on customers. These policies are effective immediately and will be in place through the end of April.

Price Gouging Complaint Form

If you're seeing exorbitant pricing on important consumer goods, you can file a complaint with the New York State Attorney General.

Social Distancing: What Is It?

Great information from John Hopkins University on social distancing.

Unemployment Benefits Wait Time Waived In New York State

New York State will immediately waive the 7-day waiting period for unemployment insurance for people who have been laid off due to Coronavirus.

Mental Health Resources

Outpatient Clinic Services

Glens Falls Hospital- Center for Children and Families

Provides children, adolescents, and their families with a range of outpatient mental health services, including psychiatric assessment, treatment, and short term services for residents of Warren and Washington Counties.

One Lawrence Street, Glens Falls, NY

(518) 926-7100

<http://www.glensfallshospital.org/>

Adirondack Samaritan Counseling Center

Offers individual and family counseling, as well as anger management for adults and teens.

15 Boulevard, Hudson Falls, NY

(518) 747-2994

<http://www.adirondacksamaritan.org/>

Capital District Psychiatric Center- North Satellite Clinic

Offers individual counseling for children and teenagers, ages 5 to 18.

Hudson Falls High School

80 East LaBarge Street Hudson Falls, NY (518) 681-4267

Catholic Charities

Offers individual and family counseling, as well as counseling and support for victims of domestic violence.

35 Broad Street, Glens Falls, NY

(518) 793-6212

<http://catholiccharitiesusa.org/>

Crisis Services

National Suicide Prevention Lifeline

1-800-273-8255

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

NYS Parent Helpline

(518) 244-5373

Provide assistance to parents who need resources, feel overwhelmed or just need support. Trained staff is available to assist Monday-Friday 9am - 4pm.

The Trevor Project

The Trevor Project is the leading national organization crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer and questioning youth.

Mobile Crisis

Parents, guardians, or adults should call 518-292-5499 for immediate live crisis support. When the teams are unavailable, you will be prompted to reach out to the nearest emergency responders, including 911, local hospital emergency room, or local mental health agency in your county for support. Mobile Crisis is currently available Monday-Friday 8am-10pm; Saturday & Sunday 11am-7pm.

Glens Falls Hospital Emergency Care Center

Emergency and Forensic Consultation Service Crisis consultations are provided on site 7 days a week, 24 hours a day, 365 days a year.

100 Park Street, Glens Falls, NY

(518) 926-3237

<http://www.glensfallshospital.org/>

Parsons Child and Family Center Orissa Healy House

Short-term crisis residence serving children ages 5 to 11 who cannot remain in their home due to psychiatric instability, but do not require acute care.

62 Academy Street, Albany, NY

(518) 426-2626

<http://www.parsonscenter.org/>

Warren/Washington Homeless Youth Coalition WAIT House

Help For Homeless Youth WAIT House Mission - To provide stability to youth who present themselves as homeless. This will be accomplished through the immediate provision of coordinated services; reunification of families where appropriate; the provision of supervised emergency and transitional housing, with the goal of personal responsibility and self-sufficiency.

10-12 Wait Street

Glens Falls, NY 12033

Phone: (518) 798-4384

Inpatient Services

Four Winds Saratoga

Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults. 30 Crescent Avenue, Saratoga Springs, NY

(518) 584-3600

<http://www.fourwindshospital.com/>

Resources for Seniors

Saratoga County Office for the Aging Home Delivered Meal Program Continuing

At this time, The Home Delivered Meal Program is operating with no disruption in service. All clients will receive a pack of emergency meals on Tuesday, March 17 between the hours of 2pm - 5pm. They ask that all participants are home during this time to accept these meals. This is in addition to the

regular meal delivery that will continue Monday through Friday between the hours of 11am - 1pm. If you have any questions please call The Office for the Aging meals program at 518-884-4996.

Open Community Services

The Food Pantries for the Capital Region Basic Needs Resource Guide

Please visit for the Food Pantries of the Capital Region's resource guide with listings of services including community meals, clothing, and housing assistance. Be sure to CALL AHEAD and check if they're still open and/or have new operating procedures.

CAPTAIN CHS's Food Pantry

Strongly Encouraged to CALL for order 518-371-1185 and arrange drive up pick up. Open Monday 10am-3pm, 5pm-7pm, Tuesday 10am-3pm, Thursday 10am-3pm. Located at 5 Municipal Plaza in Clifton Park.

Businesses Offering Free Goods or Services-

PLEASE CALL BUSINESSES TO CONFIRM

Fire Rock

Starting March 17th, between the hours of 11am-1pm, Fire Rock will be offering FREE bagged lunches to anyone in need of assistance. Please call (518)-747-8897

Jonathen Reid

Located in the Aviation Mall 578 Aviation Rd, Queensbury, NY 12804. Offering grocery bags with different food staples. If you need help feeding your children, and are interested in picking up a bag, please email aviation@jonathenreidmenswear.com

Morgan & Co Restaurant

Located at 65 Ridge St, Glens Falls, NY 12801. Offering kids free nutritious meals to go. Please email morganandcompany55@gmail.com

Saratoga's Broadway Deli

Located at 420 Broadway in Saratoga Springs, their free lunch program will operate as follows: 1. This is for families from elementary school to high school who rely on school lunches as a meal for their children. Children who would otherwise go hungry. 2. It will be available Monday - Friday from 8am to 4pm. CALL AHEAD 518-682-3416.

Saratoga Chamber's List of Take-Out and Delivery

This is not a free resource, but a way to support our local community members in the restaurant industry. Visit for a list of local restaurants across Saratoga County who offer either take-out or food delivery services. This is one way for you to help your local business owners and their employees to stay in business.